

**Personal Reflection on Microteach 1 – Lesson 6**

Emily Lane

Department of Higher Education, The Penn State University

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Dr. Kathy Jackson

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### **Personal Reflection – Microteach 1 Lesson 6**

I covered all the concepts I hoped to cover in 10 minutes, and I was able to make the information relatable to an audience without previous knowledge regarding enzymes. The information was accurate. My pace and flow were good, not too fast or slow. My visual aids were effective without being distracting or detailed.

I wish the video playback was smoother. I tried multiple times to record on zoom, but it simply kept glitching. I also made one small mistake in saying "lactase" instead of "lactose" so that could have been fixed. Finally, I forgot to mention that while sugars have an "-ose" ending, enzymes have an "-ase" ending. I believe if I had more time in the lesson, I would have been able to teach this nomenclature.

This experience was similar to preparing for a class with peer teacher coming to observe. I prepared by studying the topic and preparing visual aids and information that could have exceeded the amount of time I had to present. I did this so if there were technical issues in the presentation or if my original pacing was not suitable, I would have enough information to present to keep the audience engaged.

This microteaching experience was helpful because I received feedback that showed me I need to focus more on introducing my objectives and the lesson material. On the other hand, it seems my pace and the level of the material is suitable for my audience.

From my peers, I enjoyed viewing other lecture styles and the technology they used. I specifically enjoyed Justin's presentation because it was relatable through movies, it flowed well without being boring, and the use of a projector and a camera was unique! I think I would like to try this style in the future. I also learned that talking at a normal pace is important because those

who talked too slowly made me feel a little patronized rather than feeling like I was being instructed.

Regarding microteaching advice at this time to make the experience better, I think the assignment had enough flexibility regarding the lecture delivery to allow for creativity without being limiting or overwhelming. Ten minutes was enough time to teach a topic without being too long to view my peers' presentations. I do not think it is necessary to comment on every person's presentation, but I do see the purpose in doing so.

I would like to work on being focused on my presentation of material without removing the necessary analogies. I found this a difficult balance to plan for, so I think my other lectures can benefit from a critical look into their efficiency.